

TODAY'S FACILITATORS

PRAYER: Austin

OFFERING: Annie

WORD: Pastor

WELCOME

We warmly welcome you, if you are worshipping with us for the first time. We believe you've become a member of our church family by God's grace.

Please ensure you speak to the Pastor or one of today's facilitators before you leave.

May God bless you richly (Amen).

VERSE(S) OF THE DAY

Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do.

Joshua 1:8 (NLT)

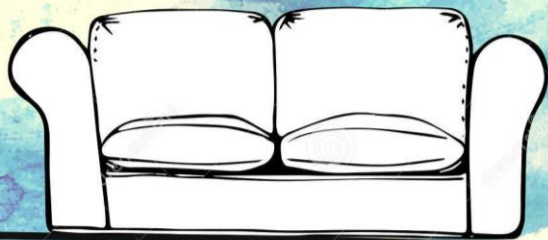
GROWTH & ADVANCEMENT

To build a church that is **growing, healthy and full of love**, do you have comments, ideas or suggestions? If so, please talk to the Pastor or a minister.

DID YOU KNOW?

Did you know you could join most of our services online when you are unable to attend? Talk to the technical team or the Pastor to find out how.

Time for a BREAK



Source: <https://www.dreamstime.com/stock-illustration-time-break-text-social-media-office-posters-positive-quote-to-make-pause-work-brush-calligraphy-hand-drawn-image73903094>



Sunday 22 March 2020

WELCOME

Redeemed Christian Church of God

Bethel

WEEKLY SERVICES & MEETINGS

SUNDAY

Thanksgiving / Worship
service
From 10am

FRIDAY

Prayer meeting / Bible study
From 7pm

RCCG Bethel Parish

Unit 13, Skylines Village

Limeharbour, London E14 9TS

PHONE: 07889906677 || EMAIL:

admin@rccgbethel.church

WEB: www.rccgbethel.church

Our 'must-visit' website



[Home](#) [Our Focus](#) [About us](#) [Contact Us](#) [Sermons](#) [Privacy Policy](#)

WELCOME TO RCCG BETHEL PARISH

Our website is a treasure trove of information, and not only about our focus and mission. You could subscribe to our podcast or listen to past sermons too (<http://rccgbethel.church/sermons/>). This is particularly useful for when you are unable to attend services or for refreshing your recollection as an essential part of your private Bible study.

There's more! Details of events and outreach will almost certainly be available from relevant pages on our website and updated regularly, along with downloadable copies of our Sunday bulletins (<http://rccgbethel.church/category/bulletins/>).

So, why don't you set our homepage as one of your **startup page(s)** in your browser now? The following instructions for most of the common browsers may help.

Google Chrome

1. Open the browser and the **Settings** menu (or the **three vertical dots** to the right of the menu bar).
2. Scroll down and click on **Advanced Settings**.
3. Select **Open a specific page or set of pages** under **On Startup**.
4. Select **Set pages** and enter or add <http://rccgbethel.church/>.

Mozilla Firefox

1. Open Firefox. Press **Alt-T** on the keyboard and select **Options** from the drop-down menu or go to **Tools >> Options** from the main menu.
2. In the **Home** section, select **Homepage and new windows** and **Custom URLs...** from the field's drop down.
3. Enter or paste the URL: <http://rccgbethel.church/> or click **Use Current Page** if you are already on our website.

Microsoft Edge

1. Click the **three horizontal dots** to the right of the top menu bar.
2. Select **Settings** and select **A Specific Page or Pages** from the **Open Microsoft Edge With** section drop down options.
3. Enter <http://rccgbethel.church/>. (Click the Plus sign to add more pages if required).
4. Click the **three horizontal dots** to the right of the top menu bar again to close **Settings** menu.

FROM THE PASTOR'S DESK

Selah: A pause in Ephesians 1

We see the word Selah often in the book of Psalms. Wikipedia says the meaning is not known, but it could be 'something like "stop and listen"'. YourDictionary.com described it as a call "for a break" or "forever". Another close approximation could be 'verily, verily I say unto you' or 'most assuredly, I say unto you'. So, invoking a sort of 'pause'.

I'm talking about this because as we go through the book of Ephesians, I feel we need a pause. According to "The Law of Recognition (Laws of Life)" by Mike Murdock:

- Everything you need is already in your life, you just need to acknowledge it.
- Anything unacknowledged remains uncelebrated.
- Anything uncelebrated eventually exits your life.

For example, we've got several time-saving features on our devices that remain unused because we don't read the manuals.

So, we've been going through a lot of texts in the book of Ephesians. If we don't pause, we will miss the important points. Note a few of these below, using NLT version.

1. **Verse 7:** He has purchased our freedom. If we don't realize that or know the value, we can easily sell ourselves back into slavery or allow ourselves to be enslaved again. It is easy to allow **fear** to entrap us for example, making us believe falsehood.
2. **Verse 8:** He has showered us with kindness, wisdom and understanding. Our mind has been enlightened. We are able to look at scripture and see what others don't see.
3. **Verse 10:** He has brought everything together. This is in contrast to Murphy's law that 'Whatever can go wrong will go wrong'. Christ's law says 'Everything work together for our good'. Which do you believe? There's nothing that we need outside of Christ.
4. **Verse 5, 11:** He adopted and gave us an inheritance. So we have a right to everything that belongs to him. We're co-heirs with Christ.

Why did God do this? Because he had a plan for his church (Eph 1:9). We will learn more about that as we continue to study Ephesians. Meanwhile, let's pause (selah) and consider all that we have learnt so far.

Bottom line:

Consider what it means to be free in Christ Jesus. When we realise that, no one can enslave or frighten us (Col 1:13-14; 19-21). Jesus has become knowledge and wisdom to us. We can tap into that and into God's plan. Don't be afraid. As Christians, we will not fail and we will be effective.

* Download a copy of Sunday bulletins from here: <http://rccgbethel.church/category/bulletins/>

RCCG Bethel Parish
Pillar of truth, defining the future today