TODAY'S FACILITATORS

PRAYER: Bola OFFERING: Yomi WORD: Pastor

WELCOME

We warmly welcome you, if you are worshipping with us for the first time. We believe you've become a member of our church family by God's grace.

Please ensure you speak to the Pastor or one of today's facilitators before you leave.

May God bless you richly (Amen).

VERSE(S) OF THE DAY

For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. John 3:16 (NKJV)

GROWTH & ADVANCEMENT

To build a church that is **growing**. healthy and full of love, do you

have comments, ideas or suggestions? If so, please talk to the Pastor or a minister.

DID YOU KNOW?

Did you know you could join most of our services online when you are unable to attend? Talk to the technical team or the Pastor to find out how.

Who are we in God? Here are a few verses to remind us

"Can a mother forget the baby at her breast and have no compassion on the child she has borne? Though she may forget, I will not forget you! See, I have engraved you on the palms of my hands; your walls are ever before me." (Isa 49:15-16)

"The Lord appeared to us in the past, saying: 'I have loved you with an everlasting love; I have drawn you with unfailing kindness." (Jer 31:3)

"For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well." (Psa 139:13-14)

"But God demonstrates his own love for us in this: while we were still sinners, Christ died for us." (Rom 5:8)

"See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!" (1 John 3:1a)



SUNDAY

Thanksgiving / Worship service From 10am

FRIDAY

Prayer meeting / Bible study From 7pm

RCCG Bethel Parish

Unit 13, Skylines Village Limeharbour, London E14 9TS PHONE: 07889906677 | EMAIL: admin@rccgbethel.church WEB: www.rccqbethel.church

Our 'must-visit' website



Our main service occurs every Sunday effective from 15 March 2020 until further notice; from 10:00 to 12:00 (UTC+00:00) Dublin, Edinburgh, Lisbon, London. We may hold other meetings during the week. Links to these will be sent out to members or posted on our website.

When it is time for service(s), please join our Webex platform as follows:

If joining online, copy and paste the meeting link below into your browser: https://rccgbethel.my.webex.com/webappng/sites/rccgbethel.my/meeting/download/7c2a148a6a6f4c678d2cad460a7d36f3?siteurl=rccgbethel.my&MTID=ma34d26296c523f45b7c8ce7e2bc5324c

The link should take you directly to the meeting, but if necessary, use the following details.

Meeting number (access code): 145 480 919

Meeting password: BethelDR

Joining by phone

Tap to call in from a mobile device +44-20-3478-5289 United Kingdom Toll Global call-in numbers

Join from a video system or application

Dial 145480919@rccgbethel.my.webex.com You can also dial 62.109.219.4 and enter your meeting number.

Join using Microsoft Lync or Microsoft Skype for Business

Dial 145480919.rccgbethel.my@lync.webex.com

There's no need to register or sign in. Once on the meeting page, you should see a green button with the prompt Join meeting If the meeting is running, you will be asked to wait. If not, you may see something like "Meeting has not started" or a similar message.

If you need help, please contact the Pastor on 07889906677.

FROM THE PASTOR'S DESK

Dealing with anxiety

Text: 2 Chronicles 20:1-30

Anxiety is your body's natural response to fear or apprehension about what's to come or the unknown, like we may be feeling now during the current coronavirus crisis. It could be mild and brief or severe, lasting for longer than six months and interfering with day-to-day living.

What triggers anxiety?

Stress or ongoing worries about difficult or challenging situations. The first day of school, going to a job interview or giving a speech may cause most people to feel fearful and nervous. There could also be personality types who are prone.

How do we deal with anxiety?

Anxiety is real and should be taken seriously. But Christ is real too and he asked us to bring our burdens to him (Matt 11:28; 6:25-26; 1 Peter 5:7). God cares about you and is always waiting for you to come to him (1 Peter 5:7; Phil 4:6-7). God says don't worry. Trust him to help you.

The story of King Jehoshaphat is a clear example of a challenging event that can cause anxiety (2 Chr 20:1-30). When Jehoshaphat leant a "great multitude" from Syria was about to attack, he was terrified. However, he knew what to do and where to get help.

First, he declared that everyone pray and fast. Together, they asked for God's help. Note that his prayer started with praises for God, reminding him of his promises to his people. Then he told God the problem and how powerless they felt.

God's answer came through Jahaziel the son of Zechariah. Verse 14 said the spirit of the Lord came upon Jahaziel. He told them not to be afraid because the battle was the Lord's (2 Chr 20:15). At God's word, Jehoshaphat worshipped and trusted he would deliver them from the enemy. He was not disappointed. At the end of the story, the writer said God gave Jehoshaphat rest from all his enemies (2 Chr 20:30).

Bottom line and personal application:

In this story, Jahaziel's inspired response gave Jehoshaphat a focal point, but we often don't receive clear or direct answers to our distressed cries like Jehoshaphat did or in the way and manner we want or expect. In such cases, we must keep trusting God will deliver us at just the right time.

Jahaziel told them to stand firm. When you're standing, you're at alert. Likewise, we must keep seeking for answer and wait to hear from God while we continue to praise him. Until you have victory and "witness the salvation of the Lord" (2 Chr 20:17), remind yourself who God is and who you are to him (Eph 2:10; Isa 43:1-2; 49:16).

* Download copies of Sunday bulletins from here: http://rccgbethel.church/category/bulletins/

RCCG Bethel Parish
Pillar of truth ... defining the future today