

Redeemed Christian Church of God

Bethel

Servant Heart Servant Church



Verse of the Week

"Thy word have I hid in mine heart, that I might not sin against thee"

Psalms 119: 11

Weekly Services

Sunday Service Times: Sunday: 10am - 12:30pm

Prayer service: Friday: 7pm - 8:30pm

Address: Mudchute Park and Farm, Pier St, London, E14 3HP

How to find us: By bus: 135, D3, D7, By train: Mudchute or Island Gardens Station

Website: www.rccgbethel.org.uk

Email: rccgbethel@yahoo.co.uk
@RCCGBethel

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Challenge of the week

Confide in the brethren

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man has great power to prevail.

James 5:16

Let's Keep In Touch!

Pastor in charge: Pastor OLu Adedeji

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MEDITATING ON THE WORD OF GOD

The word 'meditate' means to intentionally ponder over a point, matter or issue. Apart from memorising the word of God, Joshua was strictly instructed to meditate daily on the word if he wanted to guarantee success in all his ways. Josh 1:8. David said "Thy word have I hid in mine heart, that I might not sin against thee" Ps. 119:11. These two patriarchs of faith are worthy examples to follow.

LESSON OUTLINES:

1. The Meaning Of Meditation
2. Goals Of Scriptural Meditation

THE MEANING OF MEDITATION

1. Meditation means "the act of focusing one's thoughts: to ponder, think on, and muse. It is a component of many religious practices for ages - Ps. 63:6; Ps. 77:11"
2. Meditation consists of reflective thinking or contemplation, usually on a specific subject to discern its meaning or significance or a plan of action. Ps. 119:103
3. Synonyms of meditation include: (i) rumination, (ii) deep thinking, (iii) remembering in an attempt to keep in focus, (iv) calling something to mind for the purpose of consideration, (v) reflection, or meditation Ps. 143:5; Rom. 10:8, Jer. 15:16, Ps. 19:10, Pro. 8:11

GOALS OF SCRIPTURAL MEDITATION

Worship - Your mind is focused on the Lord and his works, Ps. 27: 4; 77:12. It is a place and space in our lives for communion with God, Ps. 16: 11; Acts 2: 25-28.

It is a means of elevating the spiritual over the material world. It is bringing your body, soul and spirit out of the realm of the world of activities, the world of hustling and bustling and coming and going to a place of rest in him.



MEDITATING ON THE WORD OF GOD

1. Instruction - Meditation improves our understanding of the Word and God's ways as it applies to our lives, Ps. 49:3. Understanding comes from the meditations on His word in our heart. Ps. 119: 27, 97. In meditation we exchange our thoughts with God's.
2. Motivation or Encouragement - Quality time of meditation on God's words motivate and inspire us in service. It gives faith and courage for the works God has called us to do, Josh. 1: 7-8.
3. Transformation - It is designed to transform and change our lives. This would apply to all the above, Ps. 4:4; 19: 14; 119; 15; Rom. 12: 2; Col. 3: 1-10.

CONCLUSION

In Josh 1:8, God promised Joshua success as part of the fruit of his meditation on the Word. It is different from the prosperity mentality based on the power of positive thinking. Biblical meditation leads to understanding with revelation of his will. It guides one to obedience and godly living which is the key to unending prosperity and good success. Transcendental meditation is not biblical meditation. It opens up one's mind for satanic attack.

What's On

Our **weekly** service will be taking place this Friday at 7pm-8:30pm. This will be a time of prayer and Fellowship in the presence of God.

Stay connected in fellowship by joining one of the weekly **House Fellowship** groups. It is a wonderful time of fun, bonding and growing in God's word together. Kindly speak to Sister Remy for further details,